

## **OPUS - The ISGE Newsletter**

Issue 6, Summer 2018

#### **Editorial Team**



Dr Ellis Downes ellis@ellisdownes.com



Dr Hisham Arab arab123@gmail.com



Dr Meenu Agarwal drmjainagarwal@hotmail.com

#### IMPORTANT DATES

28th-30th Sept., 2018 Open Endoscopy Forum, Boston, US

14th-18th April, 2019 Joint ISGE –ESGE Meeting, Cape Town, SA South Africa



More info at www.isge.org

### **Editorial**

ISGE - The greater heights!

#### Dear friends,

It has been a pleasure to draft and edit this newsletter OPUS which has now become quarterly in an attempt to give an insight into the activities of ISGE at more regular intervals.

We have had a very fruitful quarter after our last issue of OPUS. It is amazing how our society has grown and we are very proud of it.

We had a brilliant national conference in Cameroon with over 1000 registrations. The scientific content and interaction was highly appreciated both by the faculty and the delegates.

The training program by ISGE is rolled out with stupendous response. We are already full until 2020 for the enrollment of trainees and ISGE is seeking to start more centers of excellence (COE) considering the huge demand for such training courses.

We are looking for young brigade in our society so we can achieve more. Do send your videos and once cleared by the scrutiny committee, they will be streamed on our website www.trocar.com.

I look forward to hearing from you

Yours in ISGE

Meenu Agarwal

## **Coming to Pune**

If you are Under 40 yrs.
Submit a paper & you may win **Hisham Arab Prize** 

Established 2016

STAR 2018- ISGE - IAGE Conference in Pune- 6 to 9 Sept.2018 at Hotel J W Marriott.
25 International faculties, 7 workshops ISUOG Doppler Workshop, Live relay of endoscopic, robotic & vaginal surgeries. Masterclass in Urogynaecology.

come and meet and learn from the pioneer's in laparoscopic surgery

## **ISGE - AFSGE Conference at Yaounde Cameroon**



ISGE Medical Director Bruno van Herendael

The ISGE – AFSGE congress on the diffusion in Africa of Minimal Invasive Gynecologic Surgery did attract 1044 participants in 36 sessions making it the biggest ever congress in MIGS in West Africa. A big thank you for Professor Jean Marie Kasia and his staff on the one side and to the ISGE secretariat on the other side for their dedication to make this congress a memorable event.

During the congress Professor Victor Gomel of Vancouver has been made Honorary Member of ISGE. Professor Gomel has been very active for ISGE as secretary and as a mentor of different presidents and medical directors.

A full report the photographs are available for you on this site under activities / event reports.

Our next annual meeting is scheduled to take place in Cape Town from April 14 – 19 2019. This will be an ideal occasion to join our fast - growing society! The organizers Viju Thomas – ISGE's newly elected Honorary Secretary – and

Igno Siebert together with SASREG will definitively try make this the scientific highlight of MIGS in 2019. A very special place will be reserved for the YES members so that they can compete for the Hisham Arab price of best presentation. You will find more on this price in the different sections of this website.

The next intensive week will take place at the facilities of the Hugh Wynter Fertility Center Mona, Kingston, Jamaica from September 24 - 29/2019. The fertility center is part of the University of the West Indies and is the Caribbean Center of Excellence of ISGE. You can read the information on the site and contact the ISGE secretariat for further information. The Syllabus on www.thetrocar.com is readily available for ISGE members through this website once logged in. Just to remember you that the Intensive Week is the first step (STEP I) in the ISGE Accreditation.

The Pune regional meeting is shaping up our Board member SunitaTandulwadkar is organizing a great program. Live surgery will interphase with theoretical sessions and there will be pre-congress courses staged in Mumbai and Bangalore. Put the dates into your agenda's September 6-9.

ISGE is active on Twitter do follow us and do tweet your reflections. Our president of the Digital Matters committee an Kruschinski need you to be active on the Facebook pages Hysteroscopy and Laparoscopy—you will find lots of videos on the blogs Laparoscopy and Hysteroscopy. Dan needs your input and active discussion.

If you have video material with explanation or voice-over to send it to Alfonso Rossetti for publication on www.thetrocar.com or www.thetrocar.tv. The advisory board of the site will discuss your work and let you know their decision within a short period of time.



Prof Jean Marie Kasia was bestowed with the title of "Commandeur dans l'odre de la Valeur du Comeroun" for his efforts towards this ISGE - AFSGE congress.

## Insight of a legend by a legend

Liselotte Mettler, profmettler@gmx.de

Kurt Semm, 1927 – 2003 Liselotte Mettler, 1939 – today



**Liselotte Mettler** 

In 1970 Kurt Semm started to work as director of the University, Department of Obstetrics & Gynecology in Kiel, Germany and developed **his early gynecological endoscopic procedures**, parallel to many other international inventors leading into: advanced endoscopic operative gynecological surgery, general surgery, urological surgery, orthopedic and multispecialty modern endoscopic surgery. In the beginning one or two entries and angled optics were used followed by multiple port entries, single port entries and robotic endoscopic surgery. After a term of three years of general surgery in the Peruvian Jungles I joined Kurt Semm in 1970 as resident in Obstetrics & Gynecology and had the pleasure to codevelop with him specific areas of endoscopic gynecological surgery, particularly within the field of Reproductive Medicine and Oncology (1970 – 1995).

Kurt Semm blew the whistle; many followed him and developed internationally the modern field of endoscopic surgery in all disciplines. In 1990 I founded the **Kiel** 

**School of Gynecological Endoscopy** which continues till today with many national and international courses,

seminars and lectures. In 2016 the **Kurt Semm Center for Endoscopic and RoboticSurgery** was established as **multi-specialty project** at the University Clinics of Schleswig-Holstein in Kiel.

Kurt Semm came out with five textbooks on endoscopic surgery starting as early as 1976. Pelviscopy and Hysteroscopy - Farbatlas und Lehrbuch, Schattauer, ISBN 3-7945-0442-9,1976

In 1979 followed his Atlas Laparoscopy and Hysteroscopy, Saunders, Philadelphia, 1977, ISBN 0-7216-8063-1.

Laparoscopy, once called Coelioscopy, was started by Raoul Palmer in Paris, in knee-elbow-position. In the 1960 Frangenheim, Cohen and Semm changed the access for the gynecologist to the transabdominal endoscopic entry. Till the 1980 endoscopic surgery was possible only under direct vision through the scope in a back bending position of the surgeon.

Prashant Mangeshikar, Meenu Agarwal with Liselotte Mettler, Kiel 2003

Only after the definite establishment of video laparoscopy, first published by CamranNezhat, the endoscopic gynecologic surgeons performed their task, standing up right with ergonomic handling of instruments. With robotic surgery the procedures can be performed in a sitting position. Professional endoscopic surgical life is like sailing, it is never in a straight line, it leads to a good end only if we respect the clinical anatomy, the knowledge of instruments and apparatuses and are capable surgeons with dedication to our patients.



## **ISGE China May 2018**



In an effort to establish International Society of Gynecologic Endoscopy (ISGE)'s presence in China and to attract more members, The ISGE organized three very successful Minimally Invasive Gynecology conferences in China in partnership with China Association of Maternal and Child Health Care (http://www.cmcha.org), and Chinese Obstetrician and Gynecologist Association (COGA, http://www.coga.org.cn/).

On May 6<sup>th,</sup> 2018, the "2018 Hess Core China-US-Canada International Minimally Invasive Gynecology Technology Forum &ISGE Fuzhou Summit" was jointly sponsored by ISGE, China Association of Maternal and Child Health Care, and Fujian Women and Children Hospital (http://www.fjsfy.com/).

This meeting was attended by more than 500 Chinese gynecologists. The ISGE faculty, Drs. Resad Pasic and Robert Zurawin presented lectures and performed two live surgeries. There has obvious interest among Chinese colleagues for ISGE activities. We discussed the possibility of setting up the ISGE training Center at Fujian Women and Children Center. Fujian Women and Children Center is in the process of building a brand new 2000- bed hospital, which include MIGS training facility that could be an ideal place for ISGE training partnership.

On May 9<sup>th</sup>, 2018 The Shenzhen China summit of the International Society of Gynecologic Endoscopy (ISGE) took place. Shenzhen is a modern metropolis located in South Eastern China that links Hong Kong to China's mainland.

The "2018 Shenzhen ISGE Minimally Invasive Gynecologicsummit" was taken placed on May 9<sup>th</sup>, 2018; and jointly sponsored by Chinese Medical Doctor Association (CMDA)/Chinese Obstetrician and Gynecologist Association (COGA, Shenzhen Maternity & Child Health Care Center, Shenzhen Medical Association, and Mega Fu Medical International Services. This meeting attracted more than 400 delegates, who attended lectures by the ISGE and distinguished domestic Chinese faculties, and watched live surgeries performed by Drs. Resad Pasic and Robert Zurawinwith Chief of Gynecologist from Shenzhen Maternity & Child Health Care Center. One of the esteemed faculties at this meeting was Dr. Jinghe Lang, who is the president of COGA. Dr. Pasic had very fruitful discussion with Dr. Lang and plan to organize Joint meeting of ISGE and COGA in Shenzhen in 2019.

After Shenzhen, our group moved to the ancient city of Xi'an, capital and the largest city of Shaanxi Province in Central China, once known as Chang'an (Eternal Place). It marks the eastern end of the "silk road" and was home to Zhou, Quin, Han and Tang dynasties. Xi'an is the home of famous terra cotta worriers, archeological site representing thousands of life-size, hand-molded figures buried with China's first emperor Quin Shi Huang.

On May 11<sup>th</sup>, our group had the meeting with the officials and faculties of the Xi'an Medical University Affiliated First Hospital where we presented lectures and performed live surgeries to teach local physicians about MIGS.



## **Meet our Honorary Secretary**



**Dr Viju Thomas** is now the elected Hon Secretary of ISGE

#### 1: What is your current state of mind?

I do not believe in a current state of mind, instead I believe in a constant presence of mind and mindful conscientiousness. This mindset allows me to be centered and offer my best to my amazing colleagues and inspiring patients.

#### 2: Who was your biggest surgical influence?

I am a product of many surgical mentors. Over time I have noticed that their putative impact was relative to my inexperience and in time we will, and must, outgrow our mentors.

I believe each of us should be our own biggest influence and strive to be an improved version of ourselves daily.

#### 3: How has gynecological endoscopy changed your life?

I live by a philosophy based on a quote by Hippocrates: "To cure sometimes, treat often, comfort always".

I find that gynecological endoscopy helps me to achieve this goal a little bit more than was previously possible.

## **4:** What is your idea of a perfect holiday? What's a holiday?

#### 5: What is your favourite drink?

I live in the most beautiful city in the world, Cape Town. It also happens to be the province where some of the best wines are made. Sharing a beautifully crafted glass of red wine under the African stars sounds pretty perfect to me.

#### 6: Who would you choose to play you in a film of your life?

I do not believe that my life is screen worthy but I hope that the work we do creates a platform for the true protagonists, the patients we serve.

#### 7: How do you choose to relax?

I surrender to the charms of music and the company of selected few but very special people.

#### 8: What is your favorite surgical procedure?

Although all procedures offer their own wonder, a well executed procedure for severe endometriosis provides the greatest reward for the patient and in turn the surgeon.

#### 9: Tell us something we don't know about you?

I play an old out of tune piano very badly and on occasion find myself confidently strumming 5 chords on my new guitar.

#### 10: Which medical instrument do you wish you had invented?

Many instruments are inspiring, however in future when microbotsperform advanced surgery, I will wish that I had significantly contributed to their success.

## Accreditation The SEBCOH - i

The Screen Eye Brain Coordination with Handhold-instruments (BvH 1986) does replace the LASST as evaluation the hand eye coordination and the manipulation of the scopes by the candidates to enter the ISGE Accreditation. This certification is organized by Med College and is structured according to the Academy (European Academy of Gynaecological Surgery Leuven Rudy Campo and Arnaud Wattiez) The evaluation is proposed at each of our congresses and the candidates who succeed are allowed to enter the ISGE Accreditation.

#### Intensive Week

The first Step of the Accreditation is the Intensive week. The program consists of Theoretical session - some 3 hours daily - live surgery with possibility to ask questions - some 2 hours daily - and hands-on, mainly suturing, - some 2 hours daily. On the Saturday of the week the participants participate at an exam of some 100MCQ. The Participants get a degree of Bachelor in Gynaecologic Endoscopic Surgery.

The participants who pass the exam will then be able to access to STEP IL Within a time, span of two years they have to present a portfolio of operations managed by themselves and documented by video or photo.

Here the applicant becomes the title of ISGE Expert in Gynecologic Endoscopic Surgery When they succeed

they can then progress to STEP III. Here based on a surgery performed in his/her theatre in presence of a

local observer and an ISGE observer. The ISGE observer is not necessary present in the theatre but will be able to follow the procedure outside and inside on the app developed by MedCollege. The applicant becomes the ISGE certificate of Master in Minimal Invasive Gynecological Surgery backed by the local university and the local authorities.

Here part of the group that did participate in the First Intensive Week at the Università degli Studi dell'Insubria Mother and Child Unit Professor head of Department Fabio Ghezzi (In white central in the picture. Twenty one Iranian colleagues did pass the exam with a medium of 72%!!!



# Welcome to ISGE Members enrolled during April 2018 to June 2018

SURNAME	NAME		COUNTRY
Bensmail	Boumediene Zaki	Œ	Algeria
BELINGA	Etienne		Cameroon
Elong	Felix Adolphe		Cameroon
ESSIBEN	Felix		Cameroon
Jean Dupont	Kemfang Ngowa		Cameroon
Kabeyene Okono	Angèle Clarisse		Cameroon
KENFACK	Bruno		Cameroon
Kouna Abene	Gaelle Francine		Cameroon
Mamche	Joelle		Cameroon
MANGALA NKWELE	F.Georges		Cameroon
Mboua Batoun	Virginie		Cameroon
MEKA NGO UM	Esther	*	Cameroon
MENDIBI	Sandrine		Cameroon
Metogo Ntsama	Junie Annick		Cameroon
NGANDJI DIPANDA	Andre		Cameroon
Ngassam K	Anny Nadège		Cameroon
NGO BINYET	Simone		Cameroon
NKOUSSA	Mireille Celestine		Cameroon
Nomo Mbilong	Charles Alain		Cameroon
Seme Angoumou	Ambroise Merci		Cameroon
Soufianou	Aminatou		Cameroon
Takang	William Ako		Cameroon
Voundi Voundi	Esther		Cameroon
Vlachos	Dimitri		Greece
Tanvir	Tanvir		India
Alinejad	Fateme		Iran
Ebrahimi	Fateme		Iran
Gharahgeh	Saeedeh	ψ	Iran
Javaheri	Atiyeh		Iran
Kaveh	Mania		Iran

## Welcome to ISGE Members enrolled during April 2018 to June 2018

SURNAME	NAME	COUNTRY
Loloei	Shohreh	Iran
Qasemi	Fatemeh	Iran
Rouholamin	Safoura	Iran
Tajbakhsh	Banafsheh	Iran
Abbas Ridha	Ebtisam	Iraq
Al Hamzawi	Shireen Ali	Iraq
Al Shammari	Shyamaa Majeed	Iraq
Faisal	Wassan	Iraq
Ghassan	Ebaa	Iraq
Khalid	Noor	Iraq
Acevedo	Valentina	Italy
ANGOI	Aya Virginie	Ivory Coast
EDI N'CHO	Marcel	Ivory Coast
KOUROUMA	Noumoutie	Ivory Coast
OUSSOU	Clémént Norbert	Ivory Coast
YESUFU	Akim	Ivory Coast
Abu Halaweh	Mariam	Jordan
Al-Khatlan	Hanan	Kuwait
Carranza Escalera	Georgina	Mexico
Yahaya	Usman Rahman	Nigeria
Akinwunmi Femi	Akinsanya	Nigeria
Alkali	Umar Abubakar	Nigeria
Chukwunyere	Chibuike	Nigeria
Punnoose	Bernadette	Oman
Billod	Jimmy	Philippines
Bvuma	Eton	South Africa
Margaritov	Petko	South Africa
Omolo	Nerry Otieno	Swaziland
Fernandes	Shalini Dolly	United Arab Emirates
Majangara Karaga	Rumbidzai	Zimbabwe
Ndagurwa	Memory	Zimbabwe



# Make the most of your ISGE Membership Benefits

World-class Educational Meetings
Discount on medical journals
Free access to scientific articles & videos at
ISGE's pioneering www.thetrocar.com
ISGE Accreditation program
On-line textbook of Gynaecological Endoscopy
Inclusion in ISGE Directory
Contact the secretariat for more information:
secretariat@isge.org

### ISGE ExCo Members:

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Resad Paya Pasic, US, Vice President
Bruno Van Herendael, Belgium, Medical Director
Charles Miller, US, Honorary Treasurer
Viju Thomas, South Africa, Honorary Secretary
Alfonso Rossetti, Italy, Training Committee
Ellis Downes, UK, Newsletter Editor
Daniel Kruschinski, Germany, Director Social Media
Hisham Arab, Saudi Arabia, Director Membership Committee
Alessandro Loddo, Italy, YES Committee

Please contact the Newsletter editor Ellis Downes (ellis@ellisdownes.com) with any suggestions for the next edition.

### **Board Members:**

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