



THE INTERNATIONAL SOCIETY  
FOR GYNECOLOGIC ENDOSCOPY



## OPUS - The ISGE Newsletter

Issue 8 Spring 2019

### Editorial Team



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### Editorial

#### *ISGE - Moving Forward !*

Dear colleagues,

This year marks the 30<sup>th</sup> anniversary of our Society. 30 years of Science, Struggle, and Success. I am honored to draft and edit this issue on this occasion.

This spring issue is meant to be distributed at our 2019 annual meeting in Cape Town, South Africa

Our previous issues provided highlights from the annual conference in Cameroon and the successes of the training programs rolled out by the ISGE, with enrollment completely booked until 2020.

This issue of the OPUS Newsletter is a throwback to the pioneers of gynecological endoscopy. We hope you enjoy the short but informative read.

Importantly, ISGE is continuously looking to provide exposure for young and energetic members from our society – send in your surgical videos should you want them to be considered for streaming on our website ([www.thetrocar.com](http://www.thetrocar.com)). Our founder of this website Dr. Alfonso Rossetti can help you with your submissions, please write to him at [alfonso.rossetti@alfamedica.it](mailto:alfonso.rossetti@alfamedica.it)

Sincerely,

**Hisham Arab**



A Message From The Director Of Social Media (Dr. Daniel Kruschinski)  
Login & Visit Us At Our Facebook Pages

1. <https://www.facebook.com/Laparoscopy/>

2. <https://www.facebook.com/Hysteroscopy/>

Where More Than 9000 Doctors Are Signed In

## From the Desk of The ISGE Medical Director: The signing of the Partnership Agreement between the CHRACERH and ISGE Under the auspices of the ministers of High Education and Health of the republic of Cameroon.



ISGE Medical Director  
**Bruno van Herendael**

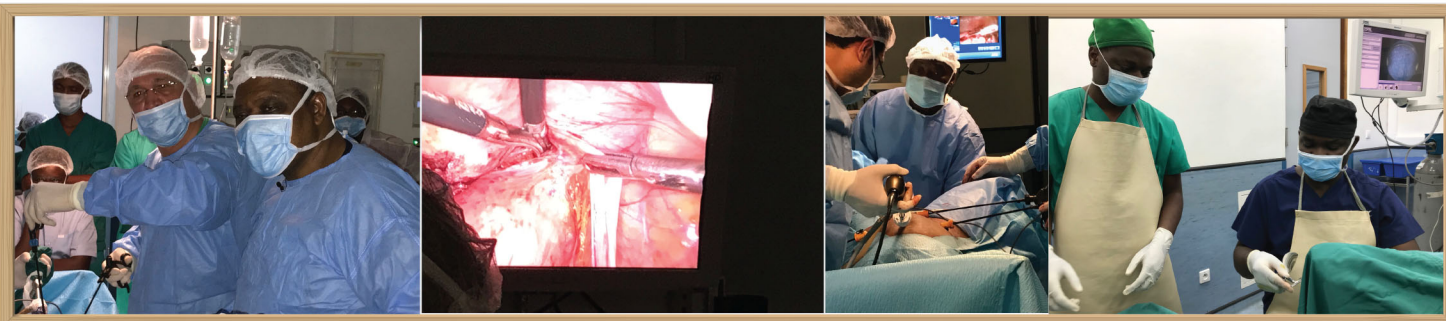
As of 25th February 2019 an ISGE team consisting of Prof. Bruno Van Herendael, Dr. Adel Shervin, and Kareem spent a week at the CHRACERH (Centre Hospitalier de Recherche Appliqué en Chirurgie Endoscopique et Reproduction Humaine) to hold Train the Trainers course.

This is a Clinical Center for Applied Research in Endoscopic Surgery and Human Reproduction and is considered the ISGE Center of Excellence in West Africa in Yaoundé, Cameroon.



**CHRACERH Center**

The course, which was attended by 30 candidates, consisted of didactic lectures as well as hands-on training in suturing and performing live surgeries ranging from operative hysteroscopies to hysterectomies and endometriosis surgeries.



On Friday 1st of March 2019, the ceremony of the signing of the Partnership Agreement took place.



Middle left to right: Professor Jean Marie Kasia – director CHRACERH – the representative of the First Lady of Cameroon, the Minister of Health, state Minister and Minister of High Education Professor Jacques Fame Ndong, the Rector of the University Yaoundé I Professor Maurice Aurélien Sosso, the Rector of the University Yaoundé II and myself. The far left handing the signed documents of both the French and the English version to the Rector of Yaoundé I

The whole ceremony was broadcasted live on the national television.

**Dr. Adel and Karim on the first row.**



## Gynaecological Endoscopy – a tale of vision

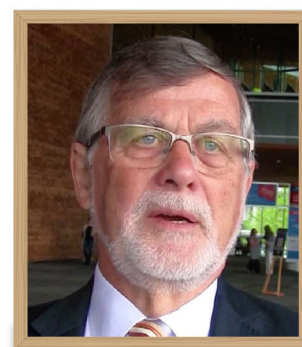
In a time when open surgery was a norm, two visionaries, Dr Harry Reich and Dr Ray Garry, the driving forces to establishing Gynaecological Endoscopy Journal; gave a voice to minimally invasive surgical practice, as advancements in technology were fundamental and inevitable.

Gynaecological Endoscopy Journal was first established in 1992, under the leadership of Adam Magos, and supported by the British Society for Gynaecological Endoscopy and the Australasian Gynaecological Endoscopy Society.

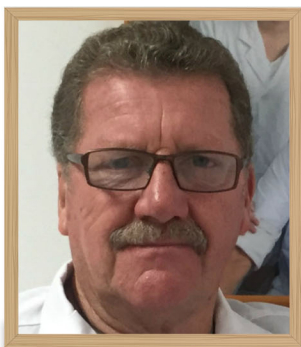


**Dr Harry Reich**

In the very first year, 38 original articles, majority related to hysteroscopy, including a case series of 850 cases describing complications of hysteroscopy by Dr Hill, Dr Maher, Dr Wood, and colleagues. Most prominently, by the end of the first year, the journal became the official journal of the European Society of Hysteroscopy.



**Dr Ray Garry**



**Dr Peter Maher**

**Dr Peter Maher** (from Australia) who was present for a few of the founding meetings fondly recalls the early days of endoscopy when there were no trainers or textbooks to guide clinical practice, describing it to be time when “flying by the seat of your pants was the rule of the day”.

In subsequent years, the journal continued to publish prominent clinical practice papers on topics like the Palmer’s point, the Hutchon knot pusher, gasless synchronized laparovaginal hysterectomy, and controversial topics. Given its success, by 2002, Gynaecological Endoscopy became the official of few more prominent societies like the European Society for Gynaecological Endoscopy, the International Society for Gynecologic Endoscopy, the Hong Kong Gynaecological Endoscopy Society, and the Italian Society for Gynaecological Endoscopy.

***DID YOU KNOW: As a result of this journal not being in Index Medicus more than 700 articles from some of the great pioneers of gynaecological endoscopy have been lost forever!***

After a successful decade, Dr Ray Garry replaced Dr Adam Magos as Editor-in-Chief, who invited many experts over the years to address rising issues such as laparoscopic management of ectopic, fibroids, endometriosis, hysterectomy, plantar fascia release, malignancy and endometrial ablation techniques. However, given the increased competition from previous supporters, and overwhelming production cost, Blackwells publishers decided to suspended the journal with the last edition containing 22 papers. \*\*\*\*\*

**Historical review references:**

- <https://laparoscopy.blogs.com/endoscopyhistory/>
- [https://link.springer.com/chapter/10.1007/978-1-4684-0430-2\\_2](https://link.springer.com/chapter/10.1007/978-1-4684-0430-2_2)

# ENDOSCOPY – AN EVOLUTION!

## Looking back...

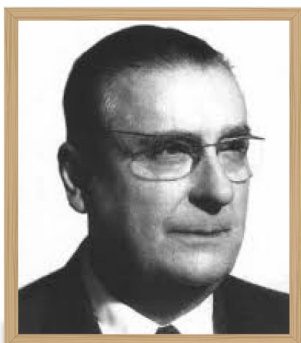
Laparoscopy was first performed in Russia, Germany, and Scandinavia, in the early 20th Century. Over the next 20 years, successful procedures were published from the USA and many European countries – with the first report of laparoscopy in gynecology performed by Hope in the USA to diagnose an extrauterine pregnancy, in 1937.

## The Speed of Dark

The catastrophic events of World War II, led to significant disruptions globally, a period characterized as the ‘speed of dark’. Despite unspeakable devastations, dedicated physicians from around the world kept their patients the central focus of their lives, continuing the work of Kalk, Ruddock, and others.

Laparoscopy was abandoned in the USA in 1939, and replaced by culdoscopy advanced by Decker since his debut in 1944. In fact, culdoscopy became so popular that it essentially brought laparoscopy into a state of near extinction in the USA. Advances in other imaging technologies just emerging at this time, such as radiology and ultrasound, also helped to curtail interest.

World War II also led to considerable constraints in the development of laparoscopy due to difficulties with language and communication as well as deficiencies in the light sources and in the lenses. The problems with lighting were overcome by Fourestiere, Gladu and Voulmiere from Paris who invented cold light illumination in 1943 and in lenses by Hopkins, Professor of Physics in Reading University, who replaced the old elliptical lenses with the rod lens in 1953. These two inventions improved the intensity of light and the clarity of vision which made the procedure much safer.



### The Pioneer Dr. Raoul Palmer

The credit for the development of modern laparoscopy goes to Dr. Raoul Palmer, who worked in his private clinic in Paris during the German occupation assisted by his wife, Dr. Elizabeth Palmer, and presented his early experiences to the French Society of Obstetrics and Gynaecology in 1947.

## And there was LIGHT..... ISGE was born in 1989

### Where To Go In 2020

#### Back to Basics in MIGS

Vision without action is a Daydream  
Action without a vision is a Nightmare.

Join ISGE at its Annual Meeting in Split  
2020 May 28 - 31

#### JOIN ISGE AT ITS MEETINGS IN 2020

FOR MORE INFORMATION  
WWW.ISGE.ORG & SECRETARIAT@ISGE.ORG

## Meet the Director of Membership Committee



Dr Hisham Arab

### 1. What is your current state of mind?

It is quite tricky to describe your current state of mind, but my general state of mind is quite peaceful. I have learnt over the years the value of forgiveness and the importance of mentoring young professionals – both providing a deep sense of satisfaction.

### 2. Who was your biggest surgical influence?

For basic laparoscopy, it would have to be Dr. John Tyson of Winnipeg, Canada; and for advanced laparoscopy, it would have to be Dr. Jacques Donnez of Brussels, Belgium.

### 3. How has gynecological endoscopy changed your life?

Since I was introduced to endoscopy, I strived to perfect it. However, I am most proud to have been the first clinician to perform a TLH in Saudi Arabia, back in 2001.

### 4. What is your idea holiday?

Connecting with family.

### 5. What is your favorite drink?

I would have to say Zamzam (The holy water) is my favorite drink. The drink is a reminder to be thankful for the gift of being a clinician who has been able to positively affect people's lives.

### ISGE Board - Opatija 2016"

Director of Membership Committee is a new position approved by the General Assembly in Opatija 2016, and I was the first elected to hold such a position.



### 6. Who would you choose to play you in a film of your life?

I would have loved to see the late Robin Williams play a surgeon in my neighbourhood, overcoming obstacles to achieve greatness. I remember him fondly from Patch Adams.

### 7. How do you choose to relax?

Exhaust myself with patient care, and then sleep!

### 8. What is your favorite surgical procedure?

A procedure that is tidy, meticulous, corrective, and relieving, regardless of its difficulty.

### 9. Tell us something we don't know about you?

I continuously strive to strengthen my relationship with God, our creator.

### 10. Which medical instrument do you wish you had invented?

Medical instruments are quite intriguing; however, I am always fascinated by the power of healing that comes after finishing the surgical procedure – no instrument on earth possess that feature.

### ISGE members Doubled over 3 years

Between 2016 & 2019



Trump International Tower (Chicago)  
423 m



Burj Khalifa Dubai  
830 m

## Welcome to ISGE

Members enrolled between October 2018 and April 2019

<u>SURNAME</u>	<u>NAME</u>	<u>COUNTORY</u>
Benoueuka	Chafia	 Algeria
Bouaroudj	Abdelghani	 Algeria
Boumecid	Said	 Algeria
Djaou	Ilhem	 Algeria
Kefti	Amel	 Algeria
Kerbi	Zina	 Algeria
Soumiya Kouar	Nemmar	 Algeria
Vilayil	Ruth	 Canada
Kuang	Yan	 China
Zhao	Tong	 China
Kusuman Amos	Amos	 Congo
Djrallah	Meriem	 France
Rezki	Fouzi	 France
Gut	Alexander	 Germany
Lehmann	Anna	 Germany
Mueller-Rausch	Alma-Verena	 Germany
Panayotopoulos	Dimitrios	 Germany
Schwirz-Groos	Raphaella	 Germany
Thies	Katharina	 Germany
Dhanu	Rajana	 India
Dhanu	Vilas	 India
Ganaie	Imtiyaz	 India
Navadiya	Nikunj	 India
Francis	Were	 Kenya
Simons	Paula	 Malta
Konig	Tamar	 Netherlands
Clinciu	Ioana Delia	 Romania
Alnough	Badria	 Saudi Arabia
van Heyningen	Cecil	 South Africa
Kyriacou	Christopher	 United Kingdom
Moghraby	Salah	 United Kingdom
Oudai	Ali	United Kingdom
Jayaram	Divyatha	United States

## Welcome to ISGE

### New YES members enrolled in April 2019 from Palestine

SURNAME	NAME	SURNAME	NAME
Gabaja	Ahlam	Hassonna	Ayah
Badareen	Omar	Sawatta	Tasneem
Mohammed	Mohammed	Shalabi	Fatima
Saed	Loai	Al Kilani	Bayan
Abuzenah	Amro	Altoneizhi	Mai
Al-Batsh	Safwat	Sharabhi	Asma
Abukhalaf	Raad	Al Alawi	Samah
Sharabati	Ala	Baniodeh	Maher
Abduljabar	Maryam	Dar Abu Asfour	Alaa
Salman	Rasha	Amro	Ala
Shahrour	Suha	AlAmla	Anas
Qaradeh	Eman	Ardda	Ahmed
Badarneh	Sondos		
Abushark	Subhi		
Shalalfeh	Ghassan		
Alhasany	Osama		
Bhais	Nidal		
Jarallah	Yousef		
Al-Btran	Wa'ad		
Fakhoury	Hiba		
Sultan	Yara		
Qabaja	Kinda		
Hamamda	Feras		
Amro	Anan		
Teeti	Nadine		
Abdin	Ala		
Alshalaldah	Rana		
Al Araaj	Rafif		
Abu Rameileh	Hiba		
Rajabi	Amani		
Salahat	Alaa		
Abu Ali	Rawan		





## Make the most of your ISGE Membership Benefits

World-class Educational Meetings  
 Discount on medical journals  
 Free access to scientific articles & videos at  
 ISGE's pioneering [www.thetrocar.com](http://www.thetrocar.com)  
 ISGE Accreditation program  
 On-line textbook of Gynaecological Endoscopy  
 Inclusion in ISGE Directory  
 Contact the secretariat for more information:  
[secretariat@isge.org](mailto:secretariat@isge.org)

### ISGE ExCo Members:

Robert O' Shea, Australia, President Resad Paya Pasic, US, Vice President Bruno Van Herendael, Belgium, Medical Director Charles Miller, US, Honorary Treasurer Viju Thomas, South Africa, Honorary Secretary Alfonso Rossetti, Italy, Training Committee Ellis Downes, UK, Newsletter Editor Daniel Kruschinski, Germany, Director Social Media Hisham Arab, Saudi Arabia, Director Membership Committee Alessandro Loddo, Italy, YES Committee.

### Board Members:

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With thanks to our sponsors:



Please contact the Newsletter editor  
 Ellis Downes ([ellis@ellisdownes.com](mailto:ellis@ellisdownes.com))  
 with any suggestions for the next edition.

### HISHAM ARAB PRIZE

This prize was established in 2016 to be awarded to the best YES presenter once a year at any of the ISGE annual or regional meetings. The prize is composed of 1000 USD in cash and a plaque which should be presented at the closing ceremony of the congress.



2016



SEPTEMBER 15-16, 2016  
 AT NUSA DUA BALI, **INDONESIA**.  
 THE WINNER WAS:  
**DR. M. MURHADI RAHMAN**  
 (MALE, 38 YEARS).

2017



MARCH 21-25, 2017 AT HILTON ROSE HALL HOTEL,  
 MONTEGO BAY, **JAMAICA**.  
 THE WINNER WAS:  
**DR. MICHELLE BAILY**  
 (FEMALE 32 YRS OLD)  
 FROM JAMAICA,

2018



APRIL 23-27, 2018 AT PALAIS DES CONGRES IN  
 YAOUNDE, **CAMEROON**.  
 THE WINNER WAS:  
**DR.T. DE DIEU TCHANTCHOU**  
 (39 YRS OLD)  
 FROM GABON

If you missed submission for this year, you still have a chance to win it next year at the Annual ISGE meeting in Split, Croatia: May 28-31, 2020.