

Introduction of a modified laparoscopy trocar insertion method (AmenMethod) Video article

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Abstract

This video article is an introduction of a modified laparoscopy trocar insertion method (Amen Method) according to the findings in comparison with the direct trocar insertion method. The incidence of complications such as gas leakage in this new method is low. In addition, it is easily-trained method with any available tool in a short time for trocar insertion.

Amen technique can be used as a safe, reliable and easily-trainable modified entry method instead of direct method for laparoscopic surgery.

Conclusion: The available data suggest that the incidence of complications with this method, with the exception of gas leaks, is comparable to the direct method. In addition, it is easy to learn and can be performed in a short time using the normal tools available. The Amen technique offers another option for safe port placement procedures.