





19<sup>th</sup> - 24<sup>th</sup> February, 2024



www.3rdparkhospital.com

Training@3rdparkhospital.com

+254728820805 | +254725128573 | +254720587071

9th floor, PMC Building, 3rd Parklands Avenue, Parklands, Nairobi, Kenya

# ISGE Training Invitation Letter



**Dr. Yamal Patel** 

Course coordinator

3rd Park Hospital

It is with great pleasure and enthusiasm that I extend a warm welcome to each of you as we embark on an exciting journey together at 3rd Park Hospital Nairobi, a state-of-the-art training hospital committed to pushing the boundaries of healthcare excellence and innovation.

As we join forces, we become integral contributors to a facility that not only embraces cutting-edge medical practices but also fosters a culture of continuous learning and growth. At 3rd Park Hospital, we believe in the power of knowledge, teamwork, and compassionate care to redefine the standards of healthcare.

Our commitment to excellence is reflected in the advanced training programs, state-of-the-art facilities, and the diverse expertise of our dedicated staff. We are not just a hospital; we are a community of healthcare professionals striving to make a difference in the lives of our patients and advance the frontiers of medical science.

Once again, welcome to 3rd Park Hospital Nairobi. We are excited about the incredible journey ahead, between 3rd park hospital and ISGE and we look forward to witnessing the positive impact we will collectively make in the world of healthcare.

# **Your Faculty**



**Prof. Bruno Herendael** Belgium



Prof. Joseph Kurian



Dr. Meenu Agarwal



Prof. Emmanuel Nzau



**Dr. Yamal Patel** Kenya



**Dr. Joseph Njagi** Kenya



*Dr. Raj Dodia* Kenya



*Dr. Ronald Ombaka* Kenya



*Dr. Charles Muriuki* Kenya



*Dr. Roshni Ajmera* Kenya



Mr. Joseph Munyao Kenya



*Dr. Devi Mong'are* Kenya

Day 1 - 19th February, 2023

TIME	TOPIC	FACULTY
0800 - 0900 Hrs	Arrival,Registration and Welcome	Dr.Yamal Patel Prof. Bruno Herendael
0900 - 1100 Hrs	Live or nearly live surgery	Dr.Yamal / Dr. Njagi
1100 - 1145 Hrs	Overview of Basics in MIS	Dr.Yamal Patel
1145 - 1230 Hrs	Anatomy for advanced Hysterectomy	Prof. Bruno Herendael
1230 - 1330 Hrs	Lunch Break	
1330 - 1415 Hrs	Energies Used in Advanced Hysterectomy	Prof. Bruno Herendael
1415 - 1500 Hrs	Anaesthetist and Advanced Hysterectomy	Dr. Ajmera/ Dr. Devi
1500 - 1530 Hrs	Tea Break	
1530 - 1700 Hrs	Dry Lab Practice	All Faculty

Day 2 - 20th February, 2023

TIME	TOPIC	FACULTY
0800 - 1000 Hrs	Live surgery or nearly live surgery	Dr.Yamal/ Dr. Njagi
1000 - 1045 Hrs	Endoscopy and Advanced Endometriosis	Prof. Emmanuel Nzau
1045 - 1115 Hrs	Tea Break	
1115 - 1200 Hrs	Hysterectomy & Advanced (D.I.E) Endometriosis	Dr. Joseph Njagi
1200 - 1245 Hrs	Nurses & Maintenance of instruments	Mildred Odhiambo
1245 - 1345 Hrs	Lunch Break	
1345 - 1430 Hrs	Ovarian Endometriosis	Dr. Raj Dodia
1430 - 1515 Hrs	Difficult Access	Dr. Joseph Kurian
1515 - 1545 Hrs	Tea Break	
1545 - 1700 Hrs	Dry Lab Practice	All Faculty

Day 3 - 21st February, 2023

TIME	TOPIC	FACULTY
0800 - 1000 Hrs	Live surgery or live surgery	Dr.Yamal/ Dr.Njagi
1000 - 1045 Hrs	Endoscopy and myoma preoperative ISGE guidelines	Prof. Bruno Herendael
1045 - 1115 Hrs	Tea Break	
1115 - 1200 Hrs	Hysteroscopic myomectomy	Dr. Meenu Argarwal
1200 - 1245 Hrs	Frozen Pelvis strategy to tackle it	Dr. Yamal Patel
1245 - 1345 Hrs	Lunch Break	
1345 - 1430 Hrs	Anesthesia and Hysteroscopic surgery	Dr. Ronald Ombaka
1430 - 1515 Hrs	Theatre Nurses and Hysteroscopy	Mr. Joseph Munyao
1515 - 1600 Hrs	Tea Break	
1600 - 1700 Hrs	Dry Lab Practice	All Faculty

Day 4 - 22nd February, 2023

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TIME	TOPIC	FACULTY
0800 - 1000 Hrs	Live surgery or nearly live surgery	Dr. Yamal/ Dr. Njagi
1000 - 1045 Hrs	Laparoscopy in Extra Uterine Pregnancy	Dr. Joseph Kurian
1045 - 1115 Hrs	Tea Break	
1115 - 1200 Hrs	Anaesthetic Considerations to Laparoscopically operate Extra Uterine Pregnancy	Dr. Ronald Ombaka
1200 - 1245 Hrs	Retro Peritoneal Anatomy	Dr.Joseph Njagi
1245 - 1345 Hrs	Lunch Break	
1345 - 1430 Hrs	Laparoscopy for Ovarian Cysts	Dr. Charles Muriuki
1430 - 1515 Hrs	Laparoscopic suturing part 1	Prof. Bruno Herendael
1515 - 1600 Hrs	Tea Break	
1600 - 1700 Hrs	Dry Lab Practice	All Faculty

Day 5 - 23rd February, 2023

TIME	TOPIC	FACULTY
0800 - 1000 Hrs	Live surgery or nearly live surgery	Dr.Yamal/ Dr. Njagi
1000 - 1045 Hrs	Office Hysteroscopy in the African Setting	Dr. Joseph Njagi
1045 - 1115 Hrs	Tea Break	
1115 - 1200 Hrs	Complications in Endoscopic Surgery and how to avoid part 1	Dr. Joseph Kurian
1200 - 1245 Hrs	Challenging situation on MIS with Obese Patients	Dr. Meenu Agarwal
1245 - 1345 Hrs	Lunch Break	
1345 - 1430 Hrs	Suturing in Endoscopy part 2	Prof. Bruno Herendael
1430 - 1515 Hrs	Electo Surgery Demo	Dr. Yamal/ Dr. Raj
1515 - 1600 Hrs	Tea Break	
1600 - 1700 Hrs	Closing ceremony and Photo session	All Faculty

# For Your Information

#### **Amenities**

Hospital WiFi Tea & Lunch Writing Materials It is our pleasure to ensure that your stay with us is nothing short of exceptional

#### **Accommodation**

To enjoy your stay in Nairobi contact any of this Hotels in the vicinity

Concord Hotel: reservations@theconcordhotels.com or +254711111333

Crystal Apartments: +254725588724

Hennessis Hotel: info@hotelhennessis.com or +254 701 111 844

Laziz Suites: reservations@lazizsuites.com +254797777786

## **Dining Experience**

Indulge your palate with the exquisite culinary offerings around the hospital

Ronalo foods, Red Ginger Hotel Diamond Plaza, Park Inn by Radisson Ibis Hotel, Golden Tulip Villa Rossa Kempinski and many more.

# **Exceptional Services**

From seamless check-in at JKIA:

- You can request Uber services available from airport to your accommodation.
- We can also organize an easy pick up from the airport and drop off at a cost.
- The hotels are close to the hospital. You can use Uber or Public vehicles (be careful of your belongings while using public transport).
- For ease of communication you can buy a kenyan sim card easily.

### Welcome to Kenya

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